MERIDIAN HEALTH CENTER, LLC 22525 MARINE VIEW DRIVE S SUITE 100 DES MOINES, WA 98198 TEL 206-824-0809 FAX 206-824-0795



HIDI MICKELSON CRAMER, MSA, LAC, LMP LICENSED ACUPUNCTURIST LICENSED MASSAGE PRACTITIONER CERTIFIED CHINESE HERBALIST CELL 206-755-3576 MeridianHealthCtr@gmail.com

Law requires the Department of Health to develop a form for East Asian medicine practitioners to use to inform the public of the practitioners' scope of practice and qualifications. (18.06.130 RCW) The practitioner must fill out this form and give it to each patient in writing prior to or at the time of the initial patient visit. (246-803-300 WAC)

## Patient Notification of Qualifications and Scope of Practice

East Asian medicine means a health care service using East Asian medicine diagnosis and treatment to promote health and treat organic or functional disorders.

1. My qualifications include the following education and license information:

Bastyr University, Masters of Science Degree in Acupuncture 1997 Brenneke School of Massage Graduate 1996 Bastyr University, Chinese Herbal Medicine Certification 1999

- 2. The scope of practice for an East Asian medicine practitioner in the state of Washington includes the following:
  - (a) Acupuncture, including the use of acupuncture needles or lancets to directly or indirectly stimulate acupuncture points and meridians;
  - (b) Use of electrical, mechanical, or magnetic devices to stimulate acupuncture points and meridians;
  - (c) Moxibustion;
  - (d) Acupressure;
  - (e) Cupping;
  - (f) Dermal friction technique;
  - (g) Infra-red;
  - (h) Sonopuncture;
  - (i) Laserpuncture;
  - (j) Point injection therapy (aquapuncture); and
  - (k) Dietary advice and health education based on East Asian medical theory, including the recommendation and sale of herbs, vitamins, minerals, and dietary and nutritional supplements;
  - (I) Breathing, relaxation, and East Asian exercise techniques;
  - (m) Qi gong;
  - (n) East Asian massage and Tui na, which is a method of East Asian bodywork, characterized by the kneading, pressing, rolling, shaking, and stretching of the body and does not include spinal manipulation; and
  - (o) Superficial heat and cold therapies.
- 3. Side effects may include, but are not limited to:
  - (a) Pain following treatment;
  - (b) Minor bruising;
  - (c) Infection;

- (d) Needle sickness; and
- (e) Broken needle.
- 4. The patient must inform the East Asian medicine practitioner if the patient has a severe bleeding disorder or pace maker prior to any treatment.